

Alabama Powerlifting Hall of Fame Lifter Application

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone Number: _____

Email Address: _____

Birthday: _____

Age: _____

Gender: Please Circle – MALE / FEMALE

Is the nominee still alive? Y / N If they are not when did they pass away? _____

Lifter:

Are you still living in the state of Alabama or did you live the majority, at least 75%, of you lifting years in the state of Alabama? Please Circle; Y / N

How many years have you competed? Please circle; 8 – 10 / 11 – 15 / 16 – 20 / 21+

Enter the number of years if you know. _____

Between what year and what year did you actively compete? _____

Did you have an absence from competing greater than 3 years? Please Circle; Y / N If so how long? _____

How many meets have you competed in? Please Circle; 1 – 9 / 10 – 17 / 18 – 25 / 26+

Enter the number of meets if you know. _____

How many State/Local meets? Please Circle; 1 – 5 / 6 – 10 / 11 – 15 / 16 – 20 / 21 – 25 / 26 – 30 / 31 +

Enter the number of meets if you know. _____

How many Regional meets? Please Circle; 1 – 5 / 6 – 10 / 11 – 15 / 16+

Enter the number of meets if you know. _____

How many National meets? Please Circle; 1 – 5 / 6 – 10 / 11 – 15 / 16+

Enter the number of meets if you know. _____

How many World meets? Please Circle; 1 – 5 / 6 – 10 / 11 – 15 / 16+

Enter the number of meets if you know. _____

What's the highest lifting classification and or DOTS score you have achieved? Please circle;

Choose the category that best represents your lifting career. You may choose more than one if you competed in multiple different ways over your lifting career.

Men's Full Power:

Class 1 Lifter or 375 DOTS Score

Master Total or 415 DOTS score

Elite/International Elite Total or 450 DOTS score

Approximately what year? _____ What Federation? _____

Women's Full Power:

Class 1 Total or 315 DOTS Score

Master Total or 345 DOTS Score

Elite/International Elite Total or 380 DOTS

Approximately what year? _____ What Federation? _____

Men's Bench Press Only:

Class 1 Total or 92.5 DOTS Score

Master Total or 102.5 DOTS Score

Elite/International Elite Total or 112.5 DOTS

Approximately what year? _____ What Federation? _____

Women's Bench Press Only:

Class 1 Total or 72.5 DOTS Score

Master Total or 80 DOTS Score

Elite/International Elite Total or 90 DOTS Score

Approximately what year? _____ What Federation? _____

Men's Deadlift Only:

Class 1 Total or 140 DOTS Score

Master Total or 155 DOTS Score

Elite/International Elite Total or 170 DOTS Score

Approximately what year? _____ What Federation? _____

Women's Deadlift Only:

Class 1 Total or 125 DOTS Score

Master Total or 140 DOTS Score

Elite/International Elite Total or 155 DOTS Score

Approximately what year? _____ What Federation? _____

Men and Women Push/Pull:

Push/Pull inductee's points will be determined by their best competition bench press and competition deadlift of their lifting career.

What is your best competition Squat(s)? RAW _____ / Single _____ / Multi-Ply _____

When and what meet(s)? _____

What is your best competition Bench Press(s)? RAW _____ / Single _____ / Multi-Ply
_____ / Unlimited _____

When and what meet(s)? _____

What is your best competition Deadlift(s)? RAW _____ / Single _____ / Multi-Ply

When and what meet(s)? _____

What is your best competition Total(s)? RAW _____ / Single _____ / Multi-Ply _____

When and what meet(s)? _____

What type and how many records did you set during your career?

State record(s)? Please Circle; 1 – 10 / 11 – 15 / 16 – 20 / 21+

Enter the number of State Records if you know. _____

What Federation(s)? _____

National record(s)? Please Circle; 1 – 5 / 6 – 10 / 11+

Enter the number of National Records if you know. _____

What Federation(s)? _____

World record(s)? Please Circle; 1 – 5 / 6 – 10 / 11+

Enter the number of World Records if you know. _____

What Federation(s)? _____

Top 3 All-Time Record(s)?

When? _____ Where? _____ What Federation? _____

Contributions to the sport as a whole:

Were you a State Chairman/Woman? Please circle; Y / N What years did you serve? _____

Were you a judge? Y / N What level judge? Please Circle; State / National / World

What Federation(s)? _____

Were you a meet director / meet organizer? Y / N How many meets did you put on? _____

From what year to what year did you put on meets? _____

What capacity did you help with meets? Please circle all that apply;

spotter/loader / score table / announcer / expediter

How many meets did you help with? 1 – 5 / 6 – 10 / 11 – 15 / 16 – 20 / 21 – 25 / 26+

Have you been a mentor or coach to new or existing powerlifters? Y / N

Approximately how many years have mentored/coached? 1 – 5 / 6 – 10 / 11 – 15 / 16 – 20 / 21+

Approximately how many lifters have you mentored/coached? _____

Person Submitting Information:

Sign: _____ **Date:** _____ / _____ / _____

Please include anything else you would like to tell us about the potential inductee below on this sheet of paper. Thank you for your interest in the Alabama Powerlifting Hall of Fame.
